



The Edmonton YMCA FOUNDATION

2020 IMPACT REPORT



A Message from Nick and John

Our YMCA has weathered many challenges and changes in 2020. We have all felt the impacts of COVID-19 on our lives, our livelihoods, our relationships, and in our own personal physical, mental, and spiritual well-being. As we continue to plan for our recovery from COVID-19 impacts, we remain tenaciously committed to leading our way out of this challenge.

In difficult times, people need the YMCA more than ever. The experiences people have at the Y can literally change the course of the rest of their lives. We know that we can and must rebuild, and through the people who support The Edmonton YMCA Foundation, the YMCA can continue to be a safe place for everyone to belong, no matter what.

We would like to acknowledge the extraordinary efforts and commitment of all our staff and board volunteers. Once again, they have stepped up and have all been simply outstanding. Everyone has worked long hours, in a very complex and uncharted situation to get our Y to where it is today.

YMCA of Northern Alberta would also like to extend our sincere appreciation to all our fellow Board and Advisory Committee members, Heritage Club Members, and Chair's Round Table donors for your ongoing and unwavering support. After all, you are the heart of the YMCA of Northern Alberta — as tremendous ambassadors and contributors to the Y, as committed members, volunteers, donors... and true friends.

We have said this many times before: we strongly believe that this is when communities need YMCA more than ever. Your generous support ensures the YMCA continues to serve the needs of our community.

John Lilley
Chair of the Board
The Edmonton YMCA Foundation

Nick Parkinson
President and CEO
YMCA of Northern Alberta

A Life-Changing Bulletin Board Post

Simi's Story

Simi Multani, 28, has deep roots with the YMCA and has rebuilt her life with the support of four YMCA programs over the last several years. Almost 8 years ago, Simi was living at a local women's shelter as a new, single mother to her 3-month-old son, while struggling with the challenges of young parenthood, developing life skills, and battling mental illness. Unsure of where to turn, she discovered a bulletin board at the shelter with a listing of local resources, and found a YMCA posting that completely changed her life.

"There was a bulletin up with information on how to apply for a new affordable housing YMCA residence called Melcor Village, that was in the process of being built to house low-income families. There was also information about the Y's Family Allies Program. I applied to both and got in and accepted within two months."

Simi was one of the first residents in the new YMCA Melcor Village as well as one of the first participants to access the Family Allies program, which connected her to a Family Support Worker who helped guide and teach her critical life skills such as paying bills, budgeting, and grocery shopping. "I was never taught how to cook, so I didn't even know the little things about cooking such as how to cut with a steak knife, or the difference between a shallot and an onion," she explains.

Deep Love for the Y

Through her Family Support Worker, Simi was referred to the YMCA's Collective Kitchen program, where she was able to meet new people and learn how to cook nutritious meals for herself and her son. Her favourite meal that she learned from the Collective Kitchen? Indian dishes. "Coming from an Indian background, people expect me to know how to cook Indian dishes," she laughs. "I'm thankful Collective Kitchen taught me how to make meals from cultures outside of traditional Western meals. That is special."

In 2016, Simi joined Bridging the Gap (BTG), a YMCA program that provides life and employability skills to young people. "I was hoping to get a job when I joined the program and through BTG, I was able to strengthen my interview skills and land my first job, which was actually as a receptionist at the Bill Rees YMCA." With a deep love for the Y, she hopes to work for the organization again in the future so she can give back to others.

"The Y is a huge part of my story and I hope to work for the Y one day and give back to the community," she says. "I don't know an organization that serves the community with so many different needs like the Y, and I hope to be a part of that."



Simi, and her son, Anshumaan Narayan, age 7.

Now, Simi hopes to soon access Y programs in-person again, like Collective Kitchen, which has transitioned to a digital offering during the COVID-19 pandemic, and hopes to one day be employed at the YMCA.

Although staying at the women's shelter came with challenges, Simi counts it as a blessing, since it is the reason why she became so connected to the YMCA. Having success in four different YMCA programs, Simi is a strong advocate for the YMCA and hopes her story inspires others to join the YMCA family. She loves to bring awareness to the importance of the YMCA donors who make these programs a reality.

"When I lived at Melcor, I would walk up and read the names of all the donors that made this all possible. I thank each and every donor from the bottom of my heart. The Y helped make me be able to do this all for my son. I hope he is proud of me."

She also has a message for Nick Parkinson, our President and CEO: "I met Nick a couple times when I worked at Bill Rees and at Boyle Street Plaza, and it was a huge deal. I was so excited, I just wanted to hug him. He was so friendly, and I hope when he reads this, he too, is proud of how far I have come from when we last met."

We are all proud of Simi and what she has accomplished!

Building Community and a Legacy

David's Story

David Bentley is part of a legacy of YMCA members. His father was a member in Montreal, Calgary and Edmonton — wherever he went. His work mentor, Grant Duncan, was a member for 50 years until his recent passing. And his Uncle Bob Bentley has been a member for more than 45 years, regularly attending the early morning coffee group at Don Wheaton Family YMCA, a community of Y members that supports each other in friendship and camaraderie.



David and Agnieszka in Hawaii.

David has been a member himself for 21 years, swimming and exercising mostly at the Castle Downs Family YMCA, and although he frequently travels for work, he has always loved that the Y is there for him, wherever he goes.

"Everywhere I'd go, I would have access to the Y, which was important so I could maintain my routine," he explains. "But more importantly, I would meet people everywhere I went. That's another big part of being a part of the Y. Meeting good people that were from different backgrounds, but like-minded in looking after yourself, looking after your spirit and looking after your community. Those three things are core beliefs for myself, and they seem to resemble the core beliefs of the Y."

David loves getting his daily swim in, and watching families and new Canadians thrive at the YMCA.

David's wife Agnieszka came to Canada at age 15. She didn't speak the language, but she went to school, taught herself English and got a job. He appreciates the opportunities she had to grow and succeed here in Canada. He knows it's important that there is a place where all people are welcome, and can have access to opportunities like playing sports, learning to swim and finding a place to belong.

"When I see new Canadians coming to the Y, I know they're going to get the benefit of health and community. I think it's just an amazing place to come," he says. He wants these opportunities to continue for a long time to come.

One day, David's Uncle Bob said to him: "Davey boy, it's time to start giving back." "And that's what we do," David says.

David and his wife have been donors to the Y for a long time, but they recently made the decision to leave a gift to the YMCA in their wills. He believes in the importance of planning for the future, and the future of the organizations you believe are important to your community, because life is precious and unpredictable.

"One thing I know about being on this planet for fifty years, it's that people need to come together in a safe place to build community," David says. "Let's take those steps today so that tomorrow there is something... so our families — whatever your definition of family is — can continue to come to the Y and grow." His advice? "Don't wait."

We would be pleased to provide you additional information to assist in your planning. For more information, please contact:

The Fund Development Team
giving@northernalberta.ymca.ca

The Edmonton YMCA Foundation

Board of Directors

The Edmonton YMCA Foundation Board is responsible for ensuring the long-term growth of the YMCA's endowment funds. We work with donors to realize their vision for the future and encourage new endowment gifts. With the support from our experienced Investment Advisory Committee, we also oversee the prudent investment of the portfolio of funds.

Thank you to all our Foundation Board members who work to steward the funds entrusted to our care, and help to grow the endowment through new, current and future gifts.

Chair of the Board:

John Lilley

Directors:

Rahim Adatia
Rajan Bhatti
Brent Buchanan
John Corlett
Doug Cronk

Alexandria Fisher
Tim Haak
Bob McColl
Deborah McKinnon
Scot McLeod

Tim Melton
Kirby O'Connor
Nick Parkinson
Jean-Jacques Tremblay

*Investment Advisory Committee: Chair, Brent Buchanan, Doug Cronk,
Ron Liteplo, Nick Parkinson, Bob McColl and Kent Winterfield*

With support from

RAYMOND JAMES®

"Raymond James is proud to support the good work of the YMCA of Northern Alberta and The Edmonton YMCA Foundation. We would like to thank you for your generous gifts to the YMCA and congratulate the scholarship award winners this year. Thanks to the organizers and volunteers who have made this year's President's Dinner digital and print content possible.

Enjoy!"

Richard Dickinson

Senior Vice President, Private Client Group
Financial Advisor

Printing services provided by:



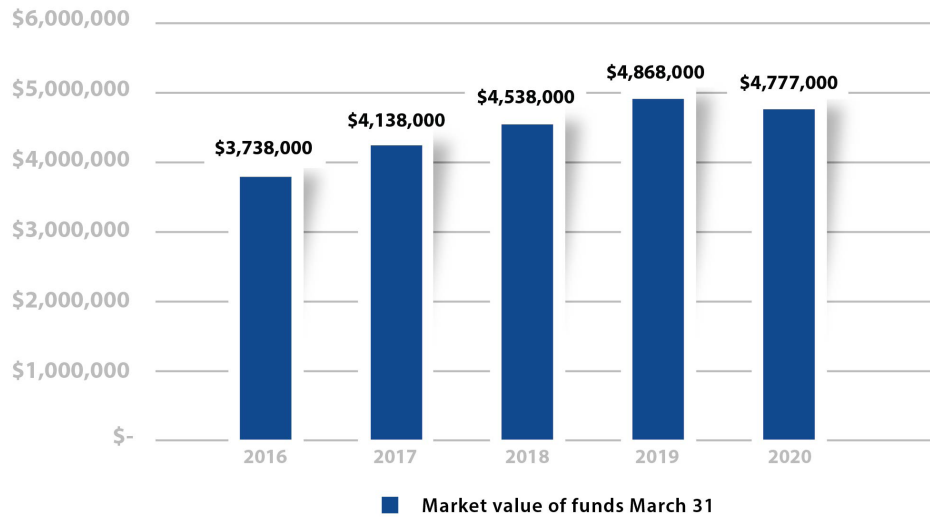
Donation matching up to \$5000 provided by:



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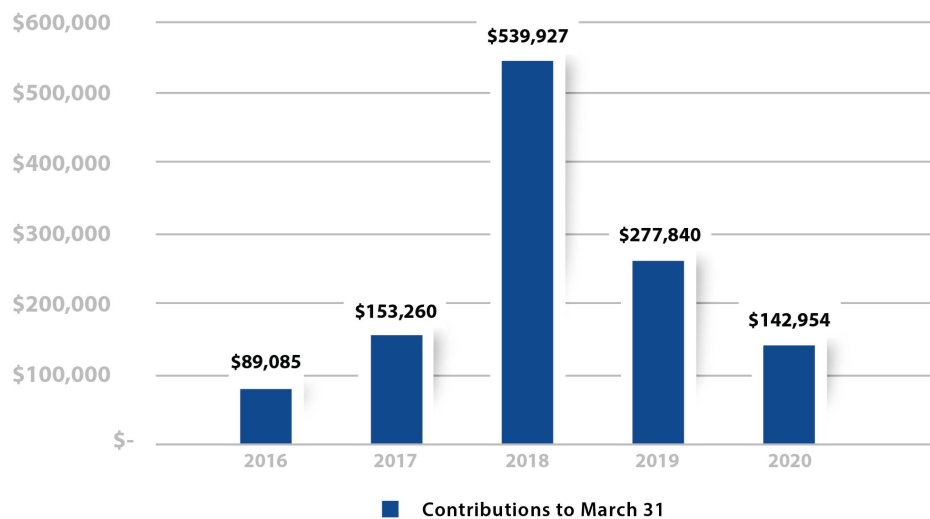
Financial Highlights for the Year Ended March 31, 2020

INVESTMENT ASSETS



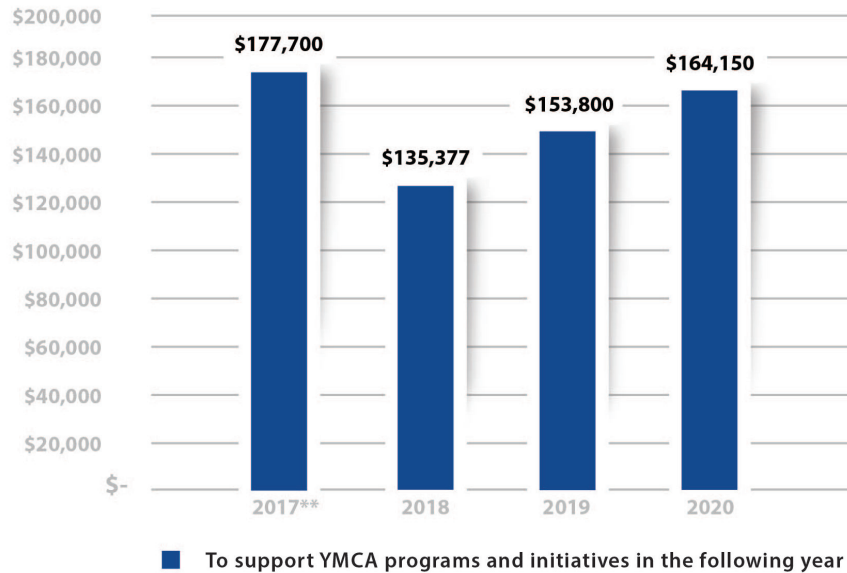
Subsequent to year end, as of June 30, 2020, the market value of the investments is \$5,042,000

CONTRIBUTIONS



Financial Highlights for the Year Ended March 31, 2020

PROGRAM FUNDING DISTRIBUTION



*Disbursements were not made in 2016 to preserve capital as a result of low rates of return

**Disbursements made at March 31, 2017 included \$47,000 allocated to 2017 programs and initiatives

Return on Investment

1-year rate of return (loss) on pooled investments (-3.00%) (2019: 4.14%), after custodial and management fees. During the year and based on a detailed review, the Board of Directors of the Foundation approved the transfer of the investment management for the Foundation's portfolio.

For a copy of the audited financial statements, contact:

The Fund Development Team

giving@northernalberta.ymca.ca

Endowment Fund Impact

Disbursements from YMCA endowment funds to support services and programs in 2021:

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\$42,000

Thriving Kids

\$61,000

Healthy Individuals and Families

\$56,000

Strong Communities

\$5,000

Global Connections

Heritage Club

Recognizing Heritage Club Members The Heritage Club recognizes individuals who have contributed to the YMCA's endowment funds and/or made provisions for a gift to The Edmonton YMCA Foundation through an annual gift or their will, life insurance or other future gift.

All contributions to the Foundation are endowed, meaning the principal of the gift is invested and a portion of the annual investment income supports YMCA of Northern Alberta programs and initiatives. Any remaining income is re-invested to help the fund continue to grow.

We would like to formally recognize our inducted Heritage Club members for 2020:

Dave & Nish Bentley
Anonymous Donor (2)
Monica Lomeland

How do I make a legacy gift?

A legacy gift enables you to dream big!

During your lifetime, you make charitable gifts from the assets you have at your disposal. Legacy giving allows you to share your wealth not only with your family, but also with your community. There are several options available, with the most common being a gift made through your will. Or you can start today with a gift of cash or publicly traded securities.

We would be pleased to provide additional information to assist in your planning.
For more information please contact:

Laura Svajlenko, Planned Giving Specialist

Laura.svajlenko@northernalberta.ymca.ca

p: 780.429.5722 | c: 780.499.3627

The Power of Endowment

Endowment giving inspires and transforms; it makes an impact for generations to come. In just 11 years, a fund that started with a gift of \$21,500 has now disbursed \$14,000 to support YMCA of Northern Alberta programs and has a current balance of close to \$27,850.

Think About It

This fund will continue to grow and support the community over the years ahead.



The Edmonton YMCA Foundation Awards

These bursaries, funded through donations and donor-directed endowment funds, were awarded mid-October of 2020. **Congratulations to this year's recipients:**

Bennett Clarke Memorial Scholarship: **Erin Brann and Suzanne Dias**

Del Dilkie Leadership Award: **Caspian Houle**

Edwin S. Cook Leadership Award: **Prudence Musinguzi**

Grant and Irene Duncan Strong Kids Leadership Award: **Nilam Patel**

Ivor and Mieke Lammerink YMCA Leadership Award: **Yulia Shepel**

Franco and Barbara Savoia Star-Builder Scholarship: **Dawn DaPonte**

Iain Armstrong Memorial Leadership Award: **Genghis Barranda**

Al Maydonik Trust Fund Award: **Kerry McCune and Dawn DaPonte**

"Thank you Del for your support and your continuation of helping the Y community. This award will allow me take music courses this summer towards my education degree. I am so excited to be growing my education in music and sharing my knowledge with students of the future. Thank you so much!"

-Caspian Houle, Recipient of the Del Dilkie Leadership Award

Endowment Funds

provide stable, sustainable funding for life-enriching YMCA programs and initiatives that support strong kids, healthy families and thriving communities.

Foundation Directed Funds Annual disbursements are determined by the Board of Directors of The Edmonton YMCA Foundation following recommendations made by YMCA management.

1907-2007 Centennial Trust	Scott McLeod Family Fund
Archie M. Langille Trust Fund	Tim Melton Family Fund
Bill Rees Memorial Fund	William Lutsky Trust Fund and Land Trust Fund
Healthy Communities Fund	William Weir Memorial Fund
Len Dolgoy and Catherine Miller Trust Fund	

Donor Directed Funds Annual disbursements are designated by donors to support YMCA programs.

Bull Family Fund	Patricia Ellen (Pattey) Ready Memorial Fund
Eldon and Phyllis Fowler Fund	Phyllis Amerongen Memorial Fund
International Development Fund	Rebecca Suen Fund for the Homeless
Jill Zimmerman Memorial Fund	Robert J. Turnbull Trust Fund
Lammerink Family Fund	Sam Gabriel Trust Fund
Larry Pollock Youth Recreation Fund	Wilfred Oliver (Mac) McLean Trust Fund
Literacy Endowment Fund	Winnie Kwok Memorial Fund
Matthew Peddle Memorial Fund for Children with Disabilities	Youth and Community Endowment Fund Jean-Louis Cloutier
Michael Zolf Trust Fund	

2020 Scholarships, Bursaries and Awards

Al Maydonik Trust Fund	Franco and Barbara Savoia Star-BUILDER Scholarship Fund
Bennett Clarke Memorial Scholarship Fund	Grant and Irene Duncan Family Fund
Del Dilkie Leadership Fund	Iain Armstrong Memorial Leadership Award
Edwin S. Cook Leadership Fund	Ivor and Mieke Lammerink YMCA Leadership Award

Emerging Funds Funds are established with a cash gift and a commitment to grow the fund (minimum \$10,000) to support YMCA programs based on the donor's intentions.

Cecil and Helen Paull Scholarship Fund	J.J. Tremblay Fund
David Nathan Kushner Memorial Fund	Investing in Youth Fund
Herbert Family Fund	

“Thank you!” to our 239 (2019: 235) Heritage Club members. With your support, the YMCA continues to meet the changing needs of all the regions we serve, developing stronger, healthier and more inclusive communities.

Allard Foundation Ltd*	Fred Delay ⁰	David Kushner Family*	Phil & Barb Payne
Margaret Allen*	Roger Delbaere & Lynette Husum	Winnie Kwok ⁰	Larry & Joanne Pollock
Charles & Lara Amerongen	Jeff DiBattista	Philip Lachambre &	Helen Ready ⁰
Martin* & Angela Anderson	Del Dilkie	Cathy MacDonald	Art ⁰ & Mildred ⁰ Reddon
Anonymous (11)	Patrick Dinneen	Ivor & Mieke Lammerink	Bill Rees ^{0*}
Dianne & Mike Assaly	Edie Dixon	Archie ⁰ & Heather ⁰ Langille*	Al Reynolds
Stan ⁰ & Mary ⁰ Asselstine*	Fred ⁰ & Norah Dobing*	Joanne LaVergne	Dwayne & Salwa Samyacia
Joan & Monty Baker	Len Dolgoy & Catherine Miller	Harvey & Rose Anne Lawton	Franco & Barbara ⁰ Savoia
Shirley & Tim Barry	John & Una Doyle	John Lilley & Eileen Guilfoyle*	Robert C. Schaller ⁰
Ivan & Anita Beljan	Robert L. Duke & Charlotte Robb	Allan & Donna Little	Joleen & Allen Schmitt
Carol Benoit	Grant ⁰ & Irene Duncan	Monica Lomeland	John & Jacqueline Scivoletto
Bob & Ruth Bentley	Pat Eidem	Aart & Judy Looye	Dan ⁰ & Mary Slaght
Dave & Nish Bentley	Herb ⁰ & Jeanette Ellis	Audrey Luft*	Courtney & Sandra Smith
Brian Beresh	Joan & Jim Fargey	William Lutsky ^{0*}	Donald R. ⁰ & Mona ⁰ Smith
Lorna & Louis Berlinguette	Robert J. ⁰ & Anna K. Fee	Pat MacDonald ⁰	Wylie & Lesley Stafford*
Reg D.* & Glenys Berry	Gerry & Carol Feist	Ansel ⁰ & Ruth Mark*	Bill & Mary Jane Stewart*
Marek & Jolanta Biel	George ⁰ & Louise ⁰ Ford	Al Maydonik ⁰ & Bette-Anne	George W. Strange ⁰
Kent & Jane Bittorf	Phyllis & Eldon ⁰ Fowler	Edwards*	Bob Tatz
Laurie S. Boadway	Sam Friedman ⁰	Ruth & Grant McIntyre	Mary Thomas
Rick & Debbie Boyd	Janet Giles* & Paul Fry ^{0*}	Irvine & Faye McKee	Jean-Jacques &
Brad & Michelle Brindza	Jan & Tim Haak	Rod ⁰ & Heleen McLeod	Mary Anne Tremblay
Janet Brown	Susan & Brian Hall	Scot McLeod	Janet & Jerry Tryhuba
Ron Brown* & Judy Harcourt	Colin & Betty Ann ⁰ Hatcher	Frank ⁰ & Gail McMillan*	Ron Tucker ^{0*}
Michael & Michele Bull	Gord & Joanne Hearn	Angel McVittie	Robert J. Turnbull ⁰
William K. Butler*	Jeremy & Liz Herbert	Tim Melton*	Robert J. & Dawn Turner*
Jack & Sylvia ⁰ Chetner	Dr. Albert E. (Bert) Hohol ⁰	Ruth & Brian Menegozzo	Eric & Aimee Van Meurs
Jacqueline Chiasson &	Ada Hole	Greg Michetti	Allan & Elizabeth Wachowich
Tammy Goodwin	Larry & Kathleen Johnston*	Bonnie Mihalchan	Carol & Greg Wagar
Asim Chin	Terry & Karin Johnston	Shauna Miller	Bill ⁰ & Betty Lou Weir*
Roy Chobotuck ⁰	Doug Jones ⁰	Kay Mulcaster	Wanda Wetterberg ⁰
Murial Clarke ⁰	Gary & Joanne Jones	Jack & Marilyn Mulkins*	Irene Wood
John-Louis & Vivian Cloutier	Heather Kennedy-Peddle &	Mary Anne Murphy ⁰	Donna & Ron Worthington
Ed ⁰ & Pat ⁰ Cook	Jerry Peddle	Mike & Bernice Myshak	Leona & Don Yez
John Corlett & Beverley Boudreau	Allan & Sharon Kerr*	Charlie & Sue Nunn	Harold ⁰ & Betty Zimmerman
Ron & Brenda Coulombe*	Terry & Charlene Kilburn*	Esther Ondrack*	Michael Zolf ⁰
Dean Cross & Holly Lazar-Cross	Gord & June ⁰ King	Peter & Sieka Pardee*	
Dennis and Wilma Crough	Glenna & Quinn Klaver	Nick & Jody Parkinson	
Jean Crozier & Ron McKague ⁰	Mitch Klimove	Toddy & Anne Parkinson	
Sandi Darrell	John & Valerie Kok	Helen ⁰ & Cecil Paull ^{0*}	

Every effort has been made to ensure the names listed are correct. If any mistakes have been made, please accept our sincere apologies and let us know at giving@northernalberta.ymca.ca so we can correct for future recognition.

⁰ DECEASED | * CHARTER MEMBERS

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Ph: 780.423.7506

The Edmonton YMCA Foundation
Registered Charity # 89061 5974 RR0001